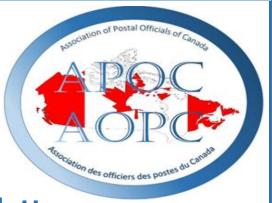
Association of Postal Officials of Canada

York Branch www.apocyork.com

2750 14th Avenue, Unit G-14 Markham, ON L3R 0B6



January - February 2025 Newsletter

Next General Membership meeting is January 19th 2025 in person at the union office

Our General Membership Meetings start in January and are held every other month on the 3rd Sunday of that Month (unless changed at a general membership meeting due to the meeting falling on a weekend with a holiday or other recognized day). The dates are circled in blue below:

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30									

Jennifer DiMeo

Branch President

dimeo@apoc-aopc.com

416-460-4234 or 905-479-5950

Happy New Year, Everyone!





As we begin a new year, I want to take a moment to reflect on some of the challenges faced by some of our team members last year. It's important to learn from these situations to ensure a positive and successful year ahead for everyone.

Corporate Credit Card Usage



We have encountered several members being interviewed for improper use of corporate credit cards using it for personal expenses. This led to members facing disciplinary action, including discharge.

To avoid any issues:

- Be mindful: Never use your corporate credit card for personal purchases.
- Double-check: If your corporate card is tied to any autopayments or is stored alongside personal cards, ensure the correct card is selected before making any transaction.
- Make sure you pay the balance of your card on time, every time.
- Don't sign up for or accept the corporate credit card as this is not mandatory or obligatory.

Conflict of Interest Policy

Another recurring issue has been misunderstandings around the conflict-of-interest policy.



It's important to remember that:

- Transparency is key: Declaring a potential conflict won't get you in trouble. However, failing to declare one may raise concerns about your integrity if the situation is discovered later.
- Even innocent situations can be misinterpreted: For example, attending a celebratory dinner with a CUPW employee outside of work—while entirely innocent—could be perceived differently.

If you're unsure about anything, don't hesitate to reach out for clarification on the policy. Being proactive can prevent unnecessary complications down the road.

We Want to Hear from You!

As we step into the new year, we'd like to hear your thoughts on how the executive team can better support you in 2025. During last year's roadshow, we received a lot of great feedback, and we've since established an email distribution list to improve communication to keep everyone informed.

Now, we'd like to build on that momentum. If you have ideas, suggestions, or specific initiatives you'd like to see from your executive team this year, please don't hesitate to share them.

Your input is invaluable in helping us create a positive and productive environment for everyone. Let's work together to make this year one of growth, collaboration, and success.

Feel free to reach out via email or connect directly with a member of the team. We look forward to hearing from you!

Jimmy Galavodas Branch Secretary/Treasurer

sectrea@apocyork.ca

416-557-8314

Dear Colleagues



Happy New Year!

I was happy to see another big turnout at the last General Membership Meeting where the Tyler confirmed 37 members attended.



catered Delicious Food at our November General Membership meeting and it was Great to share Breakfast with everybody.

The CUPW strike had caused a lot of uncertainty and anxiety for our members. I hope everybody took some time to relax and spend time with Family and Friends during those tough times. Hopefully we are successful in regaining our business as the Association Members will do their best to get the operations running smoothly again.

Once again Happy New Year and All the Best in 2025!



I look forward to seeing everybody at the next General Membership Meeting on Sunday January 19, 2025, at 10:00am.

Navin Persaud

York Branch Vice President Mail Operations Support VP

thmvice@apocyork.ca

416-347-7165





When we turn over the calendar page to 2025, we turn our minds to the year ahead. The virtue of self-control/decision-making is essential during the month of January and February, as we start the new year and think of resolutions. While it can sometimes feel overwhelming to set goals and make long-term decisions for the year, we can all hope to continue striving for our customers and employees. Safety and consistency will take us to the next level and help us achieve a better workplace.

We wish all our members a Happy New Year 2025 with lots of good health and prosperity. 2025 will be the year we find out the outcome of our collect agreement, as many of you are aware the association will be commencing negotiations, we are hopeful for a successful contract for the next 4 years.

Learning and Development, Consultation has taken place for the vacation board of 2025/2026 and has been ongoing for the TL to bid on, once completed it has been agreed that the association will keep a copy on file for any concerns arising. We had 1 TL departed in December and 1 Superintendent has moved onto a new assignment.

RMO and **DSO**, we have consulted for the vacation bord for 2025/2026 and we are still asking for a few more weeks to be open in the summer months. other than that, we have agreed with all weeks that have been provided for the upcoming vacation year. During our consultation it was discussed that if any member needs a week that is not available on the board, they must reach out to their respective Superintendent and submit a request for review. It will be reviewed by Management for approval.

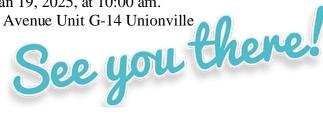
West Transportation, East Transportation and West Parcel Delivery Hub, consultation has been completed with each department; annual vacation is expected to start in the 1st week of 2025. Biding will be conducted by seniority.

WPDH, the satellite location is now in full functionality and the team leader continues to dispatch his team out of Gateway, we also have 1 Developmental member transferring to MGT on a temporary basis for an assignment. At our next consultation we will be clarifying the 13.6 that has been provided for deletion at WPDH.

As a remainder to all members, a 1 Pager is expected from you as part of your final year-end review. Superintendents should receive and conduct a review so they can advocate on your progress for the year-end review.

APOC is excited to provide the first ever 2025 personal pocket calendar, please take a moment to review and provide feedback if you wish to. They were mailed out to your home address on file.

Our next general membership meeting is this coming Jan 19, 2025, at 10:00 am. Please join us at our office, we are located at 2750 14th Avenue Unit G-14 Unionville



Sushil Ninawat

Delivery East VP

delvice@apocyork.ca

416-347-7162

Welcome 2025,





First of all, I want to take this opportunity to say thank you all for your positive feedback on my completion of one year in this role, it was not possible without the strong leadership of Dawn Marie Gayle/Jennifer DiMeo and the amazing APOC York Branch Executive Team.

The New Year is a time to make mistakes or to get it right. <u>Keep your New Year's Resolution</u> or break it! Sometimes to figure something out, you need to make mistakes and fail along the way. These famous New Year resolution quotes and sayings encourage you to mess up and get it right! Be brave, either way, you're learning and gaining wisdom. Isn't that what matters in the end.

Canada Post is going through financial crises and the year 2025 the focus is cost saving

APOC Role in recent CUPW strike

I want to personally thank you all for the vital role we all played during the CUPW strike, whether you worked from home or at the depot, all of you did a commendable job and the GM has acknowledged it. It will be interesting to know how the final deal unfolds as it will directly or indirectly impact us.

Want to be a APOC representative:

As per **Article 14.5 of APOC YORK Branch constitution and bylaws** Nominations for the election of Branch Representative will be held in January 2025, to be eligible a member must be in good standing and must have attended a minimum of two (2) general Membership Meetings in the twelve (12) months preceding nominations.

Year End Discussion with team leader:

The year-end review and performance appraisal are the final steps in the Performance Management process. They give you and your team leader an opportunity to step back from day-to-day activities and assess overall performance throughout the year.

During the year-end review you have an important role to play. In fact, it's as much your responsibility as your team leaders to provide an evaluation of your performance. To help with this process, you should come prepared to the year-end performance appraisal meeting with a list of accomplishments tied to each goal. Remember, your team leader may not be able to recall your work in as much detail as you can. It's up to you to make sure your efforts are properly reflected in your Year-End Review. Feel free to use the link below and get yourself familiar with process

Performance Management | Year End Appraisal Process (canadapost.ca)

If you have any questions or need any assistance please your local rep ,you can also your local <u>Human</u> Resources Performance Management coordinator.

EDI Mentee/ mentor Pilot project:

Canada post launched a pilot project for interested applicants (Mentee) to help them succeed in future aspirations they may have with in CPC, the applicant gets matched with a Mentor to work with them Soon this will be added as a new feature in SAP and interested candidates will have direct access to it

At the end I send my warmest wishes and thank you for your hard work, Solidarity, and commitment.

Debra Hunter

SLPP VP

slppvp@apocyork.ca

437-335-8215





Performance Management Plan: Year-End Review Guidance

As we approach the close of the performance year, it's essential to focus on your Performance Management Plan (PMP) to ensure a successful year-end appraisal. Here's how you can take proactive steps to secure a rating



of "Met All Expectations" or even "Exceeded Expectations," along with where to access critical information and resources.

Accessing Your PMPs

Your current and previous years' PMPs are available on **Intrapost**. Reviewing these documents will provide valuable insight into past performance, areas of strength, and opportunities for growth. Use this information to evaluate your progress and align your efforts with CPC objectives.

Mid-Year and Year-End Reviews

Your Superintendent plays a critical role in the appraisal process. At mid-year, they are required to meet with you to:

- Assess your progress against set goals.
- Identify any gaps or areas for improvement.
- Discuss strategies to address challenges and stay on track.

The year-end review provides an opportunity to reflect on your achievements and discuss your final rating. Be prepared to articulate how your contributions aligned with organizational objectives and supported your individual successes.

Tips for Achieving "Met All Expectations" or "Exceeded Expectations"

- 1. **Understand Your Goals**: Familiarize yourself with the objectives outlined in your PMP and ensure your daily efforts contribute to achieving them.
- 2. **Document Your Achievements**: Keep a record of your accomplishments throughout the year, including measurable outcomes, challenges overcome, and contributions to team initiatives.
- 3. **Seek Feedback**: Regularly check in with your Superintendent for guidance and constructive feedback. Use this input to make necessary adjustments.
- 4. **Be Proactive**: Identify areas for improvement early and take steps to address them. Show initiative in finding solutions to challenges.
- 5. **Communicate Effectively**: During your appraisal meeting, clearly highlight your achievements and provide examples that demonstrate how you went above and beyond expectations.

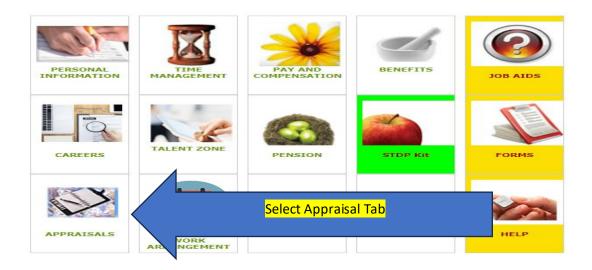


If you wish to provide input on your appraisal, discuss this with your Superintendent. Your comments are an important part of the process and should be included in your final evaluation. This ensures your perspective is reflected and contributes to a fair assessment of your performance.

Resources and Support

Your APOC representative is here to support you. If you have questions or concerns about your appraisal or the overall process, don't hesitate to reach out for guidance. Your feedback and experiences help strengthen the partnership between Canada Post and APOC.

Together, we can ensure the PMP process fosters personal growth, recognizes achievements, and drives excellence within the Corporation. Best of luck as you prepare for your year-end appraisal!



Appraisals where appra	aisee	
Status of appraisal	Appraiser	Appraisal
Approved		Performance Appraisal Probation
Completed		Performance Appr - APOC 2019 Stretch
Completed		Performance Appr - APOC 2020 Stretch
Completed		Performance Appr - APOC 2021 Stretch
Completed		Performance Appr - APOC 2022 Stretch

Vidya Alvares Sales and Serve VP

salesvice@apocyork.ca

416-347-7146





As we bid farewell to 2024, I wanted to take a moment to express my heartfelt gratitude to the community of sales and serve members. Though we are a small group, your support and patience make a huge difference, and you made my first year as VP of sales and serve unforgettable.

Each New year provides us with new opportunities and new challenges. As you are all aware our collective agreement ends on March 31, 2025, and the notice for bargaining has been issued to the corporation. This year will be a busy year as we continue to bargain contract renewal. We continue to make necessary adjustments to protect our members and therefore told the corporation that no agreement will be signed until such time that CUPW signs theirs. While we realize that you never get everything you ask for in bargaining, it won't stop us from pushing for more for our members.

The labour disruption gave all of us some respite from going to the office, as we prepare to head back to office on Jan 6th, please be aware that we will be following the same terms that were set for us pre-strike. If you see any changes or have concerns, please don't hesitate to contact me and this will be discussed with Kevin Gordon and Rick Kennedy during consultation.

All sales members are anxiously waiting on the decision on how our performance targets for 2024 will be adjusted in order to factor in the labour disruption, as of now we have not heard anything from the corporation.

The clock has started ticking for the 2025 targets and if there any concerns with the territory assignment or distribution of accounts please share it with me so it can be addressed with Kevin Gordon.

Our General Membership Meetings start in January and are held every other month on the 3rd Sunday of that Month (unless changed at a general membership meeting due to the meeting falling on a weekend with a holiday or other recognized day)

Our first General Membership meeting of 2025 is on January 19th in person at the union office @ 10 am

2750 14th Avenue, Unit G-14 Markham, ON L3R 0B6

All members are encouraged to attend these meetings to obtain current information on the business of the Union. Union officials and staff will be available to answer questions and provide reports, updates and other information regarding APOC. I hope to see you there.

So with all that lies ahead of us this year I wish all of you a bright, prosperous and successful 2025



Stone Blemano Gateway VP

wlppvice@apocyork.ca

416-459-1871

Members at Gateway,





January 2025

I would like to take this opportunity to wish you all a HAPPY NEW YEAR. The year 2024 was filled with a lot of challenges. Despite all the complicated issues, we were able to consult with the Corporation on many issues successfully. I would also like to thank our members for your excellent cooperation with both management and CUPW during the recent strike.

Our members have been asking a lot of questions about the upcoming negotiation as the APOC collective agreement is closely reaching its end. The uncertainty and unpredictable nature of what lies ahead in 2025 is what we need to plan for. There is no information from the bargaining to share with you at this stage. We will surely keep you posted with any new development.



The major concern that has been brought to the attention of the APOC representatives is inadequate staffing. The mail volumes are very high in Gateway as a result of the strike. The corporation would like to run as lean as possible. However, your safety cannot be compromised. We cannot address



staffing shortages if you do not report your concerns to your APOC representative. The number of Supervisors required to operate in a section is critical for the successfully operation and productivity. APOC is firm on the required to operate principle and I would encourage our members to report staffing anomalies.

The current mail volumes are potentially going to fall on our members to work long hours. This can lead to individual burning out. Work life balance is essential. Ensure you get enough rest in between shift. Please manage your time and avoid stressful situation. Seek help if necessary.

We have successfully completed the annual leave consultation. Please have your annual leave pick ready so we can complete the annual leave picks is a timely manner.

The next York Branch general membership meeting is on January 19, 2025. There was significant improvement at our general membership meetings in 2024. Let this momentum continue. Your interest and presence will be much appreciated.

Nesha Irving Albert Jackson VP

ajpcvp@apocyork.ca

437-833-9543





Happy 2025 everyone! As we step into this new year, let's take a moment to reflect on 2024. Hopefully, it was a year filled with achievements and growth for everyone. If it wasn't, let's embrace 2025 as an opportunity for improvement and positive change.

Prioritize Your Mental Health

To maintain a healthy work-life balance, I encourage everyone to take their breaks and lunches uninterrupted and away from the work floor. This time to recharge mentally is essential for your well-being and productivity.

Safety Initiatives for 2025

As we kick off 2025, we are focusing on completing our safety initiatives for the year. Please remember that this will be part of your 2025 performance review. I strongly advise you to start planning and working on these initiatives early to avoid the rush of peak 2025. Completing them by October will allow you to stay ahead and focus on other priorities later in the year.

APOC Shift Representative Elections

This month, we will be voting for new APOC shift representatives. To qualify, you must have attended two or more meetings in 2024 and express your interest via email to ajpcvp@apocyok.ca. Your eligibility will be verified with the York Branch. If no eligible candidates are available, we will open the floor to anyone interested. Should there be multiple candidates, an election will be held on your shift to select the representative. I strongly encourage you to participate in this process and let your voice be heard.

APOC Meetings: Let's Stay Connected

I would also like to encourage all of you to come out to the APOC meetings—we are stronger together. Our meetings are held every 3rd Sunday every other month at our office, located at 2750 14th Ave, Unit G14, Unionville, ON, L3R 0B6. The next meeting is on January 19, 2025, at 10:00 AM. Your participation is vital as we discuss important updates and initiatives.

Open Communication

Please note that I am available to answer any questions you may have, and for anything I'm unsure about, I will get back to you as soon as I have the answer. For any complaints that require further action, please issue your request in writing—email is acceptable—and be prepared to provide documented evidence (such as recorded dates, times, and incidents) to support your claim.

2025 Negotiations

This year is also significant as it marks a negotiation year; our current contract ends in March 2025. I am proud to report that thanks to the roadshow held in 2024, the voices of York Branch members were presented to the negotiation team. Let's wish them the best as they work to secure a fair and beneficial agreement for all of us.



Together, let's make 2025 a year of growth, safety, and collaboration. Thank you for your hard work and dedication to our collective success. Let's continue building on the strong foundation we've created and make this year one to remember.

Dawn Gayle

Divisional Vice President

gayle@apoc-aopc.com

416-414-3346





JOB LOSS

JOB SECURITY

CUPW strike and impact on APOC

Over the last month we have had many APOC members reach out to us to ask about job security for APOC with the financial impact of the strike and our future business. These are very challenging times for all employees at Canada Post and we must all do our part to try to win business back and to retain the business that we still have. This is crucial for our success today and into the future as the Corporation reports another significant financial loss. The Corporation continues to look at all positions as they become vacant, and they continue to re-organize to try to save costs. APOC has seen a reduction of many positions in all areas of the business with the biggest impact at Gateway last year, losing 14 positions. This was done through an MOA to protect all members at Gateway avoiding anyone being deemed surplus under article 44. The Corporation has worked with the Association to protect our members, and no one has been laid off or moved outside of their office. We have also seen the loss of 3 positions in delivery thus far with the last 3 SSD implementations, with the Corporation combining 075's, which we believe will continue in 2025 as the workload for supervisors is based on the 1 in 34 ratios (1 supervisor for every 34 CUPW employees – with terms and ocre's not counting). Hopefully we will be able to negotiate something different in our upcoming negotiations so that our workload is assessed fairly.

Please note that we do have some job protection in our collective agreement:

ARTICLE 44 JOB SECURITY

Lay-Off

The Corporation guarantees that there will be no temporary or permanent lay-off of any regular employee whose continuous employment predates March 1, 2015 and having attained more than five (5) years of continuous employment with the Corporation, provided the regular employee will accept relocation within the bargaining unit, reassignment and retraining.

As of March 1, 2015, the *Corporation* guarantees that there will be no temporary or permanent lay-off of any regular *employee* whose *continuous employment* dates on or after March 1, 2015 and having attained more than ten (10) years of *continuous employment* with the *Corporation*, provided the regular *employee* will accept relocation within the *bargaining unit*, reassignment and retraining.

- The provisions of this Article, including the guarantee of no temporary or permanent lay-off, shall also apply to regular *employees* employed in the *bargaining unit* on the date of signing of this collective agreement by the *Corporation* and the *Association* provided such regular *employee* will accept relocation within the *bargaining unit*, reassignment and retraining.
- The provisions of this Article, including the guarantee of no temporary or permanent lay-off, shall also apply to regular *employees* who, enter the *bargaining unit* subsequent to the date of the signing of this Agreement if they were entitled to a job security clause in a collective agreement between the *Corporation* and another bargaining agent on the date that they came into the *bargaining unit* represented by the *Association*.
- 44.1.3 If it is necessary for the *Corporation* to lay off a regular *employee*, the lay-off shall not occur for a minimum period of three (3) months following the *employee's* surplus notice. A copy of the notice shall be forwarded to the *National Office of the Association* and respective *branches* of the *Association*.

Next General Membership meeting is January 19th 2025 <u>in person at the union office</u>

We need your personal email addresses to be able to communicate with you as we cannot use the corporate email addresses. Please scan this QR code, if you haven't already, during our roadshow, and provide us with your personal email. Please share this with any of your APOC colleagues:

Scan to Participate APOC



Divisional Vice President	Dawn-Marie Gayle	National / Regional Representative	416-414-3346	gayle@apoc-aopc.com
York Branch President	Jennifer DiMeo	GTA York Branch Representative	416-460-4234	dimeo@apoc-aopc.com
Secretary Treasurer	Jimmy Galavodas	GTA York Branch Representative	416-557-8314	sectrea@apocyork.ca

	York Branch Reps Contact List								
Facility	Executive VP	Union Reps	Shift/Area	Email Address	Stations				
South	Debra Hunter		Shift #1	slpprep1@apocyork.ca					
Central Plant	SLPP shift # 2 647-686-9948	Debra Hunter	Shift # 2	slpprep2@apocyork.ca					
	slppvp@apocyork.ca	Christian Sirove	Shift #3	slppvice@apocyork.ca	association of Postal Officials of Canada				
Cataway	Stone Blemano WLPP shift # 2	Alwi Mohamed	Shift #1	wlpprep1@apocyork.ca	AROC				
Gateway Plant	416-459-1871	Sangeeta Dinshaw Dhammika	Shift # 2	wlpprep2@apocyork.ca					
	wlppvice@apocyork.ca	Wanasundera	Shift #3	wlpprep3@apocyork.ca	AOIC.				
Albert	Nesha Irving OEPC shift # 2	Laurel Tetley	Shift #1	ajpcrep1@apocyork.ca	and des officiers des postes du Chi				
Jackson Plant	437-833-9543	Nesha Irving	Shift # 2	ajpcvp@apocyork.ca					
	ajpcvp@apocyork.ca	Saarah Quamina	Shift #3	ajpcrep3@apocyork.ca					
Sales and	Vidya Alvares Sales & Serve								
Serve	416-347-7146 salesvice@apocyork.ca	Chris Dabreo	sales/serve	servrep@apocyork.ca					
	Navin Persaud	Theres Urresh	WPDH & Trans		APOCAOPC				
MOS, Training, Trans	Training, Mail Operations Support, Transportation	Thevan Huynh (Reza) Mohammad Hajarian	Training	wpdhtrans@apocyork.ca trainingrep@apocyork.ca	"YORK "				
IIdiis	416-347-7165 thmvice@apocyork.ca	vacant	RMO	mosrep@apocyork.ca					
	Lilay	Vikas Patel	East Delivery	delrepe@apocyork.ca	Ajax, Pickering, Oshawa, Whitby, Local Area East, 280 Progress, 14th Ave, Scar Depot 11, 70 Wynford, 55 Tempo, 600 & 675 Commissioners				
Delivery	Sushil Ninawat Delivery 416-347-7162 delvice@apocyork.ca	Steve Thomas	Central Delivery	delrepc@apocyork.ca	Aurora/New Market, East Gwillimbury, Thornhill, Richmond Hill, Creditstone, 31 Brodie, Wicksteed				
		Brian Wilson (supervisor)	West Delivery	delrepw@apocyork.ca	Alliston, Local Area West, Brampton, MDC, Campobello, Miss Dep 3, Port Credit, Milton, Oakville, Etobicoke B/C, 66 Ray, 500 Oakdale				

NEW MEMBER ENROLLMENT FORM (SAMPLE)

https://www.apoc-aopc.com/download?action=filedownload&fileid=169&ftype=apocdocument

	ASSOCIATION (224	mber N	10.
Name of Branch	YORK	_			Employe	ee ID	56
Applicants name	DOE Family Name		OF-/N en Names		SIN 600	-///	-222
Address /6	23 Z	ERO S' Street	TREE	T	Date of	MMO	/ DDO/
10ROI City	V70 ON Province		AIA	2BZ Postal Code	Male	Fe	emale
Place of Employment GATEWI	AY	Division PAC	KETS		Appoin 20 YY	tment D O I MM	DD Date
of the Constitution of I hereby certify that I h Officials of Canada the Name of Beneficiary	ave paid this day my	entrance fee for r	nembership in		Marital S	tatus	Other
Relationship of Benefit	iciary W/A		en Names		OR MY ESTA		
I hereby certify that the subject to any legal re		correct and I res	erve the right	to change the	e benefici	ary	
☐ IRREVOCABLE	Member's Signatu				20/6	03/	O Date
Members can apply for payment of premiums	or additional insurance by deductions or other	e coverage which erwise through Al	is subject to m POC.	nedical evider	nce of he	alth and	i
I wish to apply for op	otional insurance: No	DYes D'Amou	witness Sig	Junit of \$ J.Doe nature	10,000 m	20/	000) 03/0/ ate